

Red Cliffs Connections

A newsletter for the Red Cliffs Community Resource Centre

December 2023 - Volume 21

ABN: 36 345 726 854 Inc. A0028520U

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Located: 23 Indi Avenue Red Cliffs Open Weekdays: 9am - 3:30pm Phone: (03) 5024 3455

Email: <u>rcresource@smartchat.net.au</u>

visit our website: www.redcliffscommunity.org.au or stay connected via our Facebook: www.facebook.com/redcliffsresource

Red Cliffs Community Resource Centre acknowledges the Latji Latji & Barkindji people as the traditional owners and custodians of this land and pays respect to their elders past and present.

Happy festive season Red Cliffs Community. We wish you peace, happiness and good health.

A big thank you to our staff and volunteers for their amazing contributions this year and beyond.

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Join our volunteer community.
We would love someone to help us for 2-3 hours a week
to assist with our food relief program.

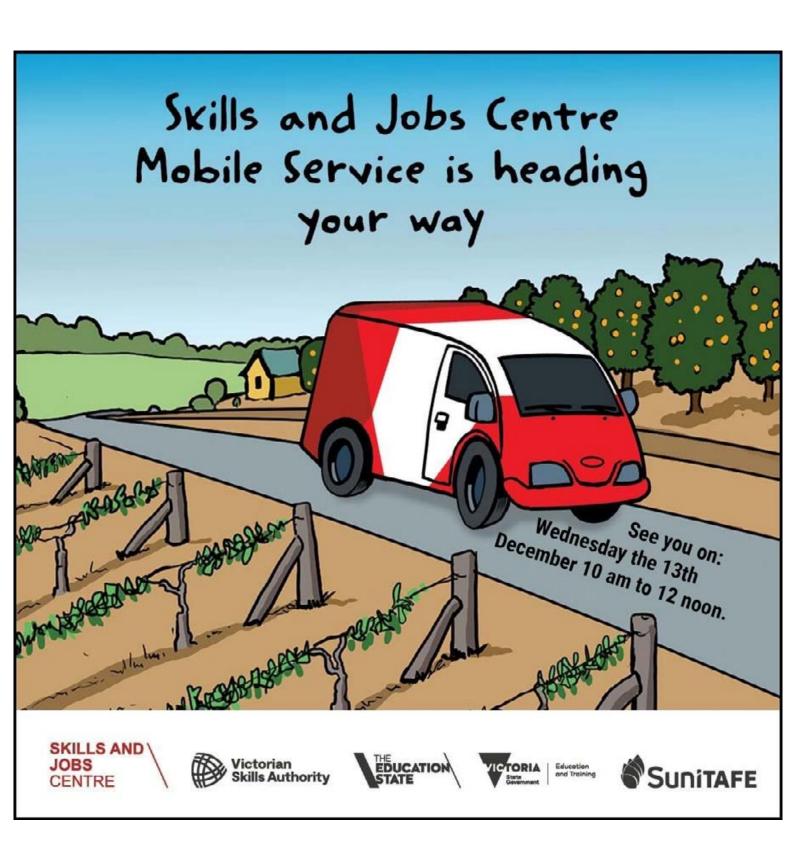






All information in this newsletter is subject to change.







CLOSED 23RD OF DECEMBER AND BACK OPEN MONDAY 8TH OF JANUARY 2024. PLEASE SEEK ALTERNATIVE PROVIDERS

Fresh and packaged food hampers available at the Red Cliffs Community Resource Centre in opening hours.*

*Available to Red Cliffs Residents. *ID required. 23 Indi Avenue, Red Cliffs



Smoke Alarm Subsidy

The Victorian smoke alarm subsidy scheme is a Government funded subsidy providing specialised smoke alarms to Deaf and hard of hearing people living in Victoria. The smoke alarm alerts users to fire hazard through sight (flashing light) and tactile (vibrating pad) to ensure safety within your home, particularly when asleep.

To be eligible you must be

- Deaf or hard of hearing with a severe to profound loss or a severe high frequency hearing loss ≥ 70dB (2, 3 & 4kHz)
- A resident of Victoria
- Not eligible to other funding services that provide this package, eg NDIS, My Aged Care.

The smoke alarm pack retails at \$685. Those who are eligible will receive the pack for a \$50 out of pocket fee. The fee can be waived for those who hold a Pension Concession Card.

To apply for the subsidy, please visit **expression.com.au/services/smoke-alarm-subsidy** and complete the application form or contact our team via info@expression.com.au



Email SMS/FaceTime Phone Web info@expression.com.au 0402 217 586 03 9473 1188 expression.com.au



2023/24 Scrapbooking, Card Making Workshops Red Cliffs Community Resource Centre





Tuesday 5th December 12 noon Cards \$25 Scrapping \$30

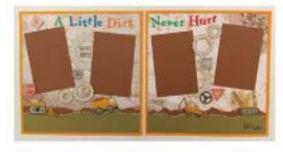
Tuesday 12th December 12 noon Cards \$25 Scrapping \$30







Tuesday 19th December Christmas lunch at the Red Cliffs Club 12 noon





Tuesday 23rd January 12 noon Cards \$25 Scrapping \$30

Tuesday 30th
January
12 noon
Cards \$25
Scrapping \$25





Bookings essential, by Friday before workshop so kits can be made up, Call Carolyn on 0412868447

DIGITAL ESSENTIALS CLASSES



Wednesday mornings 2023 at 10.00am to 12noon.

Become confident in:

- Using online platforms
- · Using different digital devices
 - Applying for jobs online
- Using Apps and digital communication pathways

Only operating during school terms.

Bookings are a must. Ph: 03 5024 3455 or email: rcresource.reception@gmail.com



Cook an amazing meal each week

Learn new cooking skills

Get the most out of your cooking

Only \$5 per class



Mat do you Walt to cook in 2024:

Click here & let us know.

Link not working? Copy & paste in browser: https://docs.google.com/forms/d/e/1FAlpQLSeXY-EWHPAR-6pVGN7Yz9G2TeW9hZJjKcGLhc1g3XBFloRoVBA/viewform



Last Chatty
Cafe for 2023
Wednesday
20th December
10 am to
11.30 am

AT THE
RED CLIFF'S
BAKERY,
27 ILEX STREET,
RED CLIFFS





CHATTYCAFEAUSTRALIA.ORG.AU

FACEBOOK.COM/CHATTYCAFEAUSTRALIA

@CHATTYAUS

@CHATTYCAFEAUS





SHARE SWAP GROW ENJOY

Share or Swap your seeds with others.

Label the envelope provided with the name of the seeds and any other info you want to include.





At the Red Cliffs Community Resource Centre 23 Indi Avenue Red Cliffs





Grow food to share
Learn gardening tips
Connect with community



Register your interest now







A COMMUNITY GROUP FOR OUR COMMUNITY,
RUN BY THE COMMUNITY. WHERE TO GO AND
WHAT TO DO IN RED CLIFFS. KEEPING YOU
INFORMED OF WHAT'S ON IN RED CLIFFS WHILE
BUILDING ON OUR COMMUNITY.

FACEBOOK.COM/GROUP/REDCLIFFSCOMMUNITYBILLBOARD



Community Community Paramedic Clinic

Blood Pressure & Health Assessments

Where: Red Cliffs Community Resource Centre

When: Every Monday from 9.30 am to 12.30 pm

For more information call: Travis or Ebonee on: 0447 067 865

The CP@clinic Program is a free health check-up. You can talk to a paramedic about your health and well-being. All personal information will be kept private.









Discover a place to connect. Discover a community to belong to & mates that make it all worthwhile.



Last day for 2023 is 14th of December. Will return in 2024 on Thursday the 1st of February 2024. 10am to 3 pm.



Red Cliffs Men's Shed is located at Red Cliffs Community Resource Centre, 23 Indi Avenue Red Cliffs.

Governed by the Australian Men's Shed Association (Member: AMSA101238) We provide a welcoming environment for men from Red Cliffs and surrounds who are from all walks of life where they can socialise and enjoy a wide range of activities.

Come and visit The Shed Thursdays 10am - 3pm

Ph: 50 243 455 or email redcliffsmensshed@gmail.com. to book before coming or to get more information.

The men are taking requests to build projects for community organisations on a commission basis.

Contact us if you have something in mind.











Connecting up to the internet advice & assistance for the over 50's





Make your booking for one on one help now on 03 5024 3455 or email: rcresource.reception@gmail.com

WALKING GROUP



Come take a walk and get some fresh air while chatting with other members of the community and our trained health professionals.

When: Wednesday mornings at 9.30am

Where: Leaving from Red Cliffs Community Resource Centre, 23 Indi Ave, Red Cliffs

Contact Ebonee or Travis on: 5022 5444











Neighbourhood Houses Victoria and Good Shepherd are working together to provide the NILS program. Follow the link to find out more and see if you are eligible: https://www.nhvic.org.au/nils







"RED CLIFFS WALK AND CHAT FOR CARERS"

Inviting carers of people with disability, mental illness or aged person to attend free walking events in Victoria, connect with other carers, and to learn about the supports available.

Have a cuppa and relax after your walk

TERM 1 2024

WHEN

9.00am to 10.00am

WHERE

23 Indi Avenue Red Cliffs

CONTACT

Phone 0350243455 email rcresource.receptio@smartchat.net.au TUESDAY 13TH FEBRUARY

FIND A WALK NEAR YOU!

Visit: nhvic.org.au/walks-for-carers-ncc

QUESTIONS?

Contact the NHVic Carers Project Coordinator: michelle@nhvic.org.au

TUESDAY 12TH MARCH

where carers are always welcome









Connecting and empowering local communities to tackle plastic pollution at its source.

Make bags to reuse and share.

WHEN: Tuesdays 9.30am to 11.30am @ RCCRC

During school terms only.



Boomerang bags are now available to buy from Gio's Bread - 61 Indi Avenue Red Cliffs.





SEWING & CRAFT GROUP

WHEN: Wednesday 10 am to 2 pm For the intermediate and advanced sewer and quilter.

Got question on a project you are doing? Come along and have a chat to the group.

Last day for term 4: 15th December 2034 Classes to resume term 1: 18th January 2024 FUNDING HAS FINISHED FOR THIS PROGRAM

THEREFORE DECEMBER WILL BE THE LAST SESSION.



IS YOUR CHILD TRAVELLING SAFELY?

FREE CHILD CAR RESTRAINT FITTINGS & SAFETY CHECKS











Red Cliffs Community Resource Centre invites local parents and carers to book in for a free child car restraint fitting or safety check!

WHERE 23 Indi Street, RED CLIFFS

WHEN

LAST SESSION - FRIDAY 15TH DECEMBER 10AM - 2PM

HOW

Bookings are essential. Parents and carers (including grandparents!) can book in a free child car restraint fitting or check by registering via:

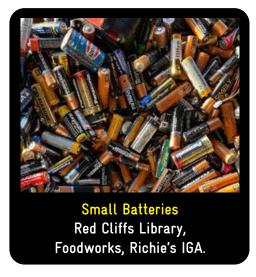
BOOK HERE: https://safeseatssafekids.com.au/

Please note, if you need to have more than 1 child car restraint fitted/checked, you will need to book multiple appointments.

WHY

70% of child car restraints are incorrectly installed or used, posing a serious safety risk to children travelling in those restraints. For peace of mind, have a professional fitter check your restraints so you know your child is safe. For more information about the program, please visit kidsafevic.com.au/road-safety/free-child-car-restraint-checking-program

Recycling in Red Cliffs & surrounds.





















Other recycling places.
AS & CO accept a wide range of items for recycling - Check out their list on their website







NOMINATE US TODAY

AS PART OF THE RITCHIES COMMUNITY BENEFIT PROGRAM

and help us generate extra funds.

Download or update the Ritchies Card App









- Search and select our name when prompted to nominate a club, school or charity
- Every time you shop at Ritchies and scan your app or card, Ritchies will contribute a percentage of the total to us*



*CONDITIONS APPLY. Go to ritchies.com.au/loyalty for further information.





