

Located:  
23 Indi Avenue Red Cliffs

Open Weekdays:  
9am - 3:30pm

Phone: (03) 5024 3455  
Email: [rresource@smartchat.net.au](mailto:rresource@smartchat.net.au)

visit our website: [www.redcliffscommunity.org.au](http://www.redcliffscommunity.org.au) or stay connected via our Facebook: [www.facebook.com/redcliffsresource](http://www.facebook.com/redcliffsresource)

Red Cliffs Community Resource Centre acknowledges the Latji Latji & Barkindji people as the traditional owners and custodians of this land and pays respect to their elders past and present.

Welcome to Winter, we hope you are somewhere warm and cosy, with a cuppa in hand as you read this newsletter.

The highlight of June will be our Makers Fair on the 3rd - 4th of June. It will be held in the warmth of the Red Cliffs Civic Center. Please come along and bring your family and friends for a great day out!



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**We're Closed**

from 12.30 pm  
Friday the 2nd of June

We will be setting up The Civic Centre for the Murray & Mallee Makers Art Fair that will be on the 3rd and 4th of June

#murraymalleemakersartfair

All information in this newsletter is subject to change.



**COFFEE  
&  
EATS**

## Have a Chat at Chatty Cafe!

Date: Wednesday\* 21st June

Time: 10am to 11.30am

Place: Good Golly Cafe

41 Ilex St, Red Cliffs



**have  
a  
chat**



IF YOU'D LIKE TO  
LEARN MORE,  
SCAN HERE



[THECHATTYCAFEScheme.COM/AUSTRALIA](http://THECHATTYCAFEScheme.COM/AUSTRALIA)

[FACEBOOK.COM/CHATTYCAFEAUSTRALIA](https://www.facebook.com/CHATTYCAFEAUSTRALIA)

[@CHATTYAUS](https://twitter.com/CHATTYAUS)

[@CHATTYCAFEAUS](https://www.instagram.com/CHATTYCAFEAUS)



FREE\* PROGRAM



## DIGITAL ESSENTIALS CLASSES

Wednesday mornings 2023 at 10.00am to 12noon.

**TERM 2 CLASSES FULL.**

**TAKING BOOKINGS FOR TERM 3 STARTING 12TH JULY**

Become confident in:

- Using online platforms.
- Using different digital devices
- Applying for jobs online
- Using Apps and digital communication pathways.

**Only operating during school terms.**

COVID restrictions apply, bookings are a must.



Register here to secure your spot:

<https://socialplanet.com.au/activity/view?id=10846>



## Murray & Mallee Makers Art Fair 3rd & 4th June, Red Cliffs

A curated line up of creatives and handmade goods, also featuring crafty drop-in workshops where you can learn new skills and tap into your creativity. The art fair is a great time out for people who appreciate how things are made and who made them.

Saturday 3 June | Sunday 4 June  
4-8pm | 9am-1pm

Art Fair  
Live Entertainment  
Craft Displays  
Art & craft demonstrations  
Tutorials

Red Cliffs Civic Centre  
10 Jamieson Ave, Red Cliffs

Painting, Pottery, Jewellery, Stained glass, Wooden, Mosaics,  
drawing, knitting and more.

**See it, learn it, buy it, make it, at the Art Fair!**

For further information please email [info@workspace3496.com](mailto:info@workspace3496.com)







There is a great line up for the Murray & Mallee Makers Art Fair.

On the Saturday the 3rd ONLY Elaines Kitchen will there with homemade dumplings.

On the Sunday the 4th ONLY between 10am to 1 pm . Nikki Noos Face Painting will there entertaining the children.

**WIN A CHIMENEA.** Register at the door you go into the draw to win a chimenea to keep the chills away.

Photos courtesy of Facebook.





Happy snaps  
from our

# Macrame Workshop



## Reddy, Set Cook





**FREE cuppa  
and lunch**



**Lifely**

**Q&A**

**HEY RED CLIFFS; DON'T BE SHY.**

# Ask us

**YOUR NDIS QUESTIONS.**

**OUR FRIENDLY STAFF CAN HELP ANSWER:**

- Who can help me manage my NDIS plan?
- How can I better understand my NDIS supports?
- Can you explain my NDIS funding?
- How do I identify the services I may need?

**DATES:**

**Red Cliffs Community  
Resource Centre**

23 Indi Avenue, Red Cliffs, Victoria  
10:30 am - 2 pm, Wednesday 7 June 2023



Learn Local Pre-Accredited Training

# SPADEWORKS

gardening lessons

Coming  
Soon

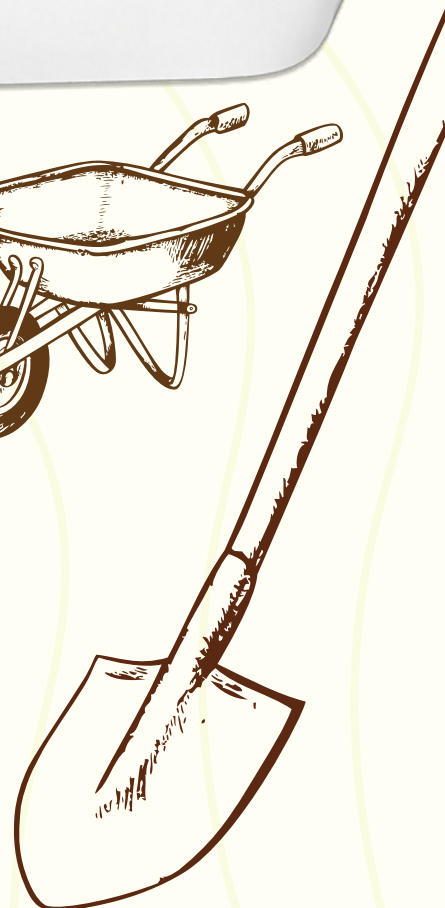
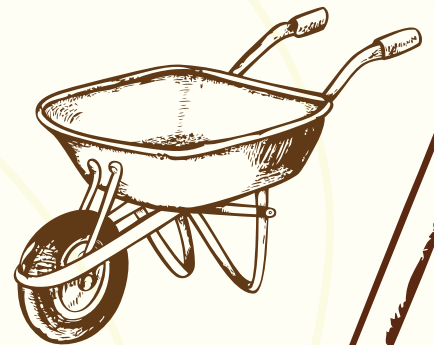


## SPADEWORKS GARDENING CLASSES

- Learn gardening tricks
- Connect with community
- Grow food to share

Classes are pre-accredited and partially funded by Learn Local.

Register your interest now:  
[rcresource.reception@gmail.com](mailto:rcresource.reception@gmail.com)



RED CLIFFS  
grow  
& share  
GARDEN





# SEEDBANK



## SHARE SWAP GROW ENJOY

Share or Swap your seeds  
with others.

Label the envelope  
provided with the name  
of the seeds and any  
other info you want to  
include.



## VEGGIES FLOWERS TREES



At the Red Cliffs Community Resource Centre  
23 Indi Avenue Red Cliffs

**Be Connected**

Every Australian online.



**Bookings  
essential**

**FREE\***

**Connecting up to the internet advice  
& assistance for the over 50's**



**Make your booking for one on one help now on 03 5024 3455  
or email: [rcresource.reception@gmail.com](mailto:rcresource.reception@gmail.com)**





# Be Connected morning tea

Our next morning tea will be on  
**How technology helps overall wellbeing**



**Date: Thurs 22th June**

**Time: 10 am - 11:30am**

**Place: RCCRC**

**R.S.V.P: Wednesday 21st June**



**Australian Government**

**Be Connected**

**Every Australian online.**

# 2023 Scrapbooking, Card Making Workshops Red Cliffs Community Resource Centre

Tuesday 20<sup>th</sup> June  
12 noon  
Cards \$25  
Scrapping \$25



Tuesday 27<sup>th</sup> June  
12 noon  
Cards \$25  
Scrapping \$30

**Bookings essential, by Friday before the workshop so kits can be made up.  
Call Carolyn on 0412 868 447**



**Greeting cards by Carolyn are now available at Red Cliffs Community Resource**



LIVE ENTERTAINMENT | FOOD | CRAFTS | GAMES

# TEDDIES MAD HATTER PICNIC

BRING YOUR PICNIC  
RUG AND TEDDY!

BARCLAY SQUARE  
7 MAY | 10AM - 12PM

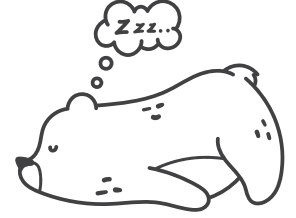
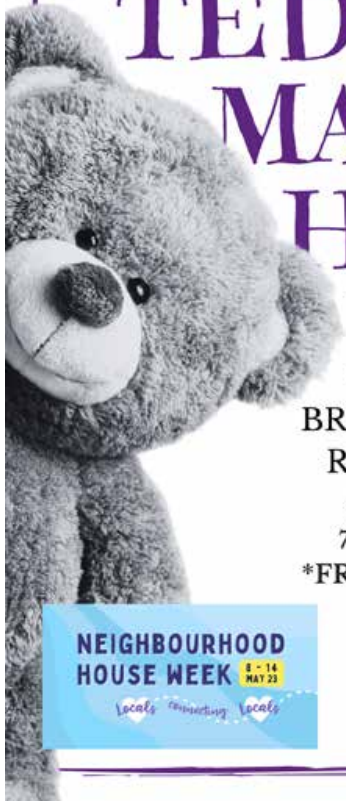
\*FREE FAMILY EVENT  
at The Red Cliffs  
Country Market



NEIGHBOURHOOD  
HOUSE WEEK

8 - 14  
MAY 23

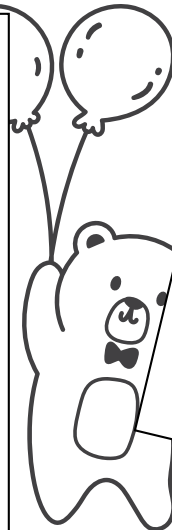
Locals connecting locals



Neisha Torney 7 years old and Monty Doering 2.5 years old.



Rodolfo Rau Gallardo and Finn Fagan 6 years old play a tune together.



Vashti Aratangi RCCRC staff and Kathy plays some ukulele.



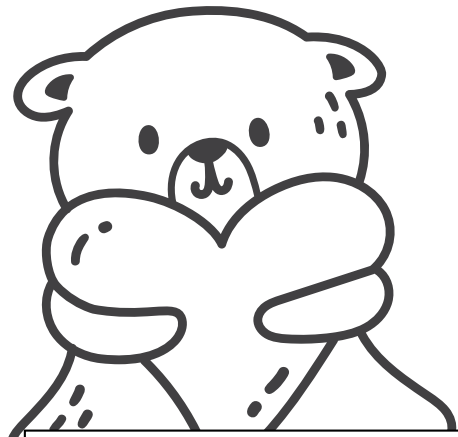
Monty Doering 2.5 years old colouring in a mural on the stage at Barkley Square



Hugo Blagus 5 years old, Luca Blagus, 2 years old and Hazel Saleta, 10 years old







Skyla Grace Harrigan 8 mos



Catherine Threlfall from Sunraysia Arts & Learning with Neisha Torney 7 years old



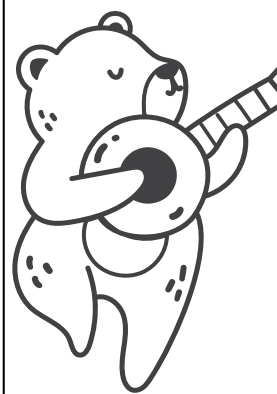
Elinor Moser 7years old



Hugo Blagus 5 years old



Rodolfo Rau Gallardo volunteer, Joanne Farrell RCCRC EO, Leanne Jarvis volunteer & Vashti Aratang RCCRC staff





Red Cliffs

VICTORIA 3496

# COMMUNITY BILLBOARD

Scan me

YOUR COMMUNITY  
BILLBOARD



A COMMUNITY GROUP FOR OUR COMMUNITY,  
RUN BY THE COMMUNITY. WHERE TO GO AND  
WHAT TO DO IN RED CLIFFS. KEEPING YOU  
INFORMED OF WHAT'S ON IN RED CLIFFS WHILE  
BUILDING ON OUR COMMUNITY.

[FACEBOOK.COM/GROUP/REDCLIFFSCOMMUNITYBILLBOARD](https://www.facebook.com/group/redcliffcommunitybillboard)



# Community Paramedic Clinic

## Blood Pressure & Health Assessments

**Where:** Red Cliffs Community Resource Centre

**When:** Every Monday from 9.30 am to 12.30 pm.

**For more information call:  
Travis or Ebonee on: 0447 067 865**

The CP@clinic Program is a free health check-up. You can talk to a paramedic about your health and well-being. All personal information will be kept private.







Red Cliffs Food Share is a project to assist in coordinating food relief, so the people that really require it, can access it in their own local community.

\*Available to Red Cliffs residents only. ID required.

Above: Our eggs are supplied by SRS. Pictured: Corey Douglass  
 Below: Donations of shelf stable or refrigerated items are welcome.



We are in need of fresh food donations.

Contact the Red Cliffs Community Resource Centre to find out more on: 03 50 243 455  
 or email: [rcresource.reception@gmail.com.au](mailto:rcresource.reception@gmail.com.au)







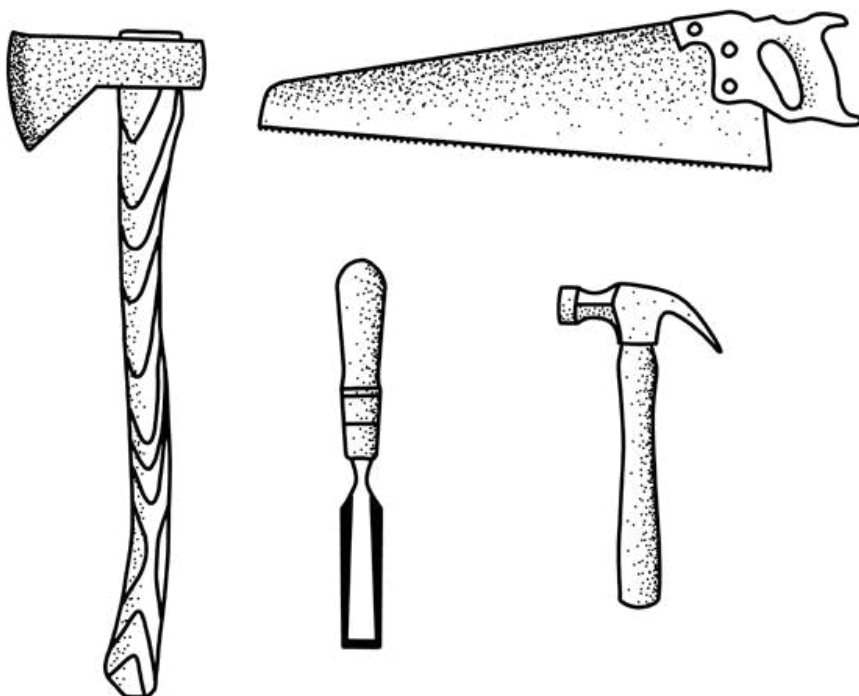
Red Cliffs Men's Shed is located at Red Cliffs Community Resource Centre, 23 Indi Avenue Red Cliffs.

## Feel free to visit the Shed Thursdays 10am - 3pm

Ph: 50 243 455 or email [redcliffsmensshed@gmail.com](mailto:redcliffsmensshed@gmail.com) to book before coming or to get more information.

Governed by the Australian Men's Shed Association (Member: AMSA101238) We provide a welcoming environment for men from Red Cliffs and surrounds who are from all walks of life where they can socialise and enjoy a wide range of activities.

Discover a place to connect. Discover a community to belong to & mates that make it all worthwhile.



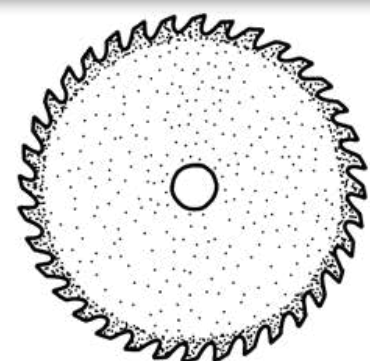
Alan cooking a BBQ.



John with some food to share.



David Lloyd cooking for his mates.





# Reddy Set Cook

Cook an amazing meal each week. learn new skills and get the most out of your cooking.

Monday mornings in the Vic School terms\*

To Book phone 0350243455 email [rcresource.reception@gmail](mailto:rcresource.reception@gmail.com)



# WALKING GROUP



## Red Cliffs Community and Resource Centre

Every Wednesday

All levels of ability are welcome.

Walk alongside trained health professionals for an hour each Wednesday at 8:30am

Register at Red Cliffs Community and Resource Centre at 8:15am

Contact Ebonee or Travis on: 0447 067 865 for further details.



**Tips and reminders for when you're feeling anxious.**

beyondblue.org.au 1300 22 4636

**Be safe at home.  
Move to safety.  
Rebuild your life.**

**Government-funded No Interest Loans for women affected by family and domestic violence.**

Brought to you by: Funded by: In partnership with:

[www.nhvic.org.au/nils](http://www.nhvic.org.au/nils)





## Receive up to \$800 worth of plumbing works for FREE\*

You may be eligible for the Victorian Government's Community Rebate Program.

Eligible customers will receive a free water efficiency audit from a licensed plumber, contracted by Lower Murray Water, to assist in reducing your water use.

Eligible customers may then receive assistance of up to \$800 from the program for agreed products or services.\*

If this is of interest, contact us on 03 5051 0740 to determine if you are eligible for an initial water audit.

\*The program does not provide subsidies for bills, but assists customers to reduce water use and utility costs. Offer available until 30 June 2023 (while funds available).

E [rebateadmin@lmw.vic.gov.au](mailto:rebateadmin@lmw.vic.gov.au)

[lmw.vic.gov.au](http://lmw.vic.gov.au)



## Testimonial

*“A lady who was given a flyer regarding \$800 worth of free plumbing works, had her toilet taps replaced for free this week and was very happy with the services.*

*Was very appreciative with the information given from us as she didn't have the money to fix a leaking toilet that she had for over 6 months and was costing her water bill”*

A resident from Red Cliffs



# Are you a Carer?



Do you or someone you know provide care for a partner, family member or friend with a:

- disability
- mental illness
- addiction
- chronic health issue

or an older person with care needs?



Are you looking to re-enter the work force, upskill, or wanting to find a group of like-minded people?



We've got you covered. Talk to **Red Cliffs Community Resource Centre** today to find support available.





Guest speakers | Giveaways | Resources | Support



Free  
Event\*  
Light lunch  
provided\*

# CARERS EXPO



Connecting carers with resources,  
support & opportunities.

*Carer's, Family and Friends all welcome*

Friday the 14th of July 2023

Time: 11.00am to 2pm

Venue: The Red Cliffs Club, an accessible site for all.

At 11 Heytesbury Avenue, Red Cliffs

The Red Cliffs Community Resource are proudly facilitating this event.

All bookings to go to the Red Cliffs Community Resource Centre.

Ph: 03 50 24 3455 Email: [rcresource.reception@gmail.com](mailto:rcresource.reception@gmail.com)



# SENIOR & CARERS RESOURCES

You may be eligible for the following cards.



For More Information  
<https://www.carercard.vic.gov.au/>  
or call  
1800 901 958



For More Information  
<https://www.seniorsonline.vic.gov.au/seniors-card>  
or call  
1300 797 210



For More Information  
[www.companioncard.vic.gov.au](http://www.companioncard.vic.gov.au)  
or email  
[companioncard@dffh.vic.gov.au](mailto:companioncard@dffh.vic.gov.au)

If you need assistance in finding out if you are eligible give RCCRC a call and we will book you in for an appointment.

## Ask an Expert: Webinar Series for Unpaid Carers



Neighbourhood Houses Victoria have worked with Carers Victoria, with support from the Victorian State Government, to present a series of webinars to help unpaid carers in Victoria get more support. This Ask an Expert series is free to attend, with a helpful new topic each week.

Click the links below to register:

21 June 2023: [Solving School Refusal](#)



# SWAP OR NOT book library



Feel free to take or leave a good book at our little library for others to swap or not.

We currently have a large selection to choose from - for young and old.

Our little library located out the front of the centre is for young children and our book swap inside the centre is full of books for older minds.

Available during normal open hours.

## Save the date

### “Plan for the Future”

Information session will be held by Mallee Family Care.

Wednesday the 5th of July  
at 11.00 am.

Lunch is included\*.



# POWER SAVING BONUS

*is back!*



GET ANOTHER  
**\$250**

NEXT ROUND OF  
THE PSB STARTS  
24 MARCH 2023



COMMUNITY  
RESOURCE  
CENTRE

**Appointments Essential - Call us on 5024 3455 to book**

[www.nhvic.org.au/power-saving-bonus-outreach-program](http://www.nhvic.org.au/power-saving-bonus-outreach-program)



Neighbourhood  
Houses Victoria™



Good Shepherd  
Australia New Zealand



LOOKING FOR  
A SPACE TO  
HOLD CLASSES  
OR MEETINGS?  
**WE HAVE  
SPACES  
AVAILABLE\***

contact Jo on [rcresource@smartchat.net.au](mailto:rcresource@smartchat.net.au)



WE WILL BE  
CLOSED  
ON MONDAY  
THE 12TH OF  
JUNE 2023

*For the Kings Birthday  
Public Holiday*





# BusABLE Program

AN EDUCATION PROGRAM ABOUT TRAVELLING ON BUSES

CDC Mildura brings you BusAble - a community education program to enable anyone to practice traveling safely on buses, and help them feel comfortable and confident using Mildura's bus service network.

## Who can benefit from this program?

- Seniors who want to become re-acquainted with using public transport,
- CALD or refugee communities, and/or
- People with accessibility needs and their carers (NDIS, community groups)

To find out more, register your expression of interest with the Red Cliffs Community Resource Centre today!

**REGISTER VIA RED CLIFFS**

FOR ANY QUESTIONS, CONTACT

rcresource@reception@gmail.com or call 03 50243455



## No Interest Loans

For essentials you need now.

Borrow up to \$1500. Pay back what you borrow.



**Good Shepherd**  
No Interest Loans

## No Interest Loans

For essential vehicles you need now.

Borrow up to \$5000. Pay back what you borrow.



**NEIGHBOURHOOD HOUSES VICTORIA**

**No fees. No interest. Ever.**

Neighbourhood Houses Victoria and Good Shepherd are working together to provide the NILS program.

Follow the link to find out more and see if you are eligible: <https://www.nhvic.org.au/nils>





Connecting and empowering local communities to tackle plastic pollution at its source.

Make bags to reuse and share.

WHEN: Tuesdays 9.20am to 11.30am @ RCCRC

During school terms only.



Boomerang bags are now available to buy from Gio's Bread - 61 Indi Avenue Red Cliffs





# SEWING & CRAFT GROUP



*Bring your sewing projects along.*



*Discuss all things craft & sewing*

## SEWING & CRAFT GROUP

**WHEN:** Wednesday 10 am to 2 pm

**Not on the first Wednesday of the month**

For the intermediate and advanced sewer and quilter.

Got question on a project you are doing? Come along and have a chat to the group.



**Safe Seats  
Safe Kids**

**IS YOUR CHILD  
TRAVELLING SAFELY?**

**FREE CHILD CAR RESTRAINT  
FITTINGS & SAFETY CHECKS**



**Red Cliffs Community Resource  
Centre invites local parents and  
carers to book in for a free child car  
restraint fitting or safety check!**

**WHERE** 23 Indi Street, RED CLIFFS

**WHEN** **NEXT SESSION - FRIDAY 16TH JUNE 10AM - 3PM**

**HOW** Bookings are essential. Parents and carers (including grandparents!) can book in a free child car restraint fitting or check by registering via:

<https://safeseatssafekids.com.au/venues-mec/>

Please note, if you need to have more than 1 child car restraint fitted/checked, you will need to book multiple appointments.

**WHY** 70% of child car restraints are incorrectly installed or used, posing a serious safety risk to children travelling in those restraints. For peace of mind, have a professional fitter check your restraints so you know your child is safe. For more information about the program, please visit [kidsafevic.com.au/road-safety/free-child-car-restraint-checking-program](https://kidsafevic.com.au/road-safety/free-child-car-restraint-checking-program)





**THANK YOU TO ALL THE PEOPLE THAT  
HAVE KNITTED BEANIES FOR US TO DONATE  
TO HOSPITALS.**

**THEY ARE GIVEN TO PATIENTS TO  
BRIGHTEN THEIR STAY.**

**KEEP ON KNITTING**



**RED CLIFFS  
COMMUNITY  
RESOURCE  
CENTRE**

**more information contact  
[rcresource.reception@gmail.com](mailto:rcresource.reception@gmail.com)**





# NOMINATE US TODAY

## AS PART OF THE RITCHIES COMMUNITY BENEFIT PROGRAM

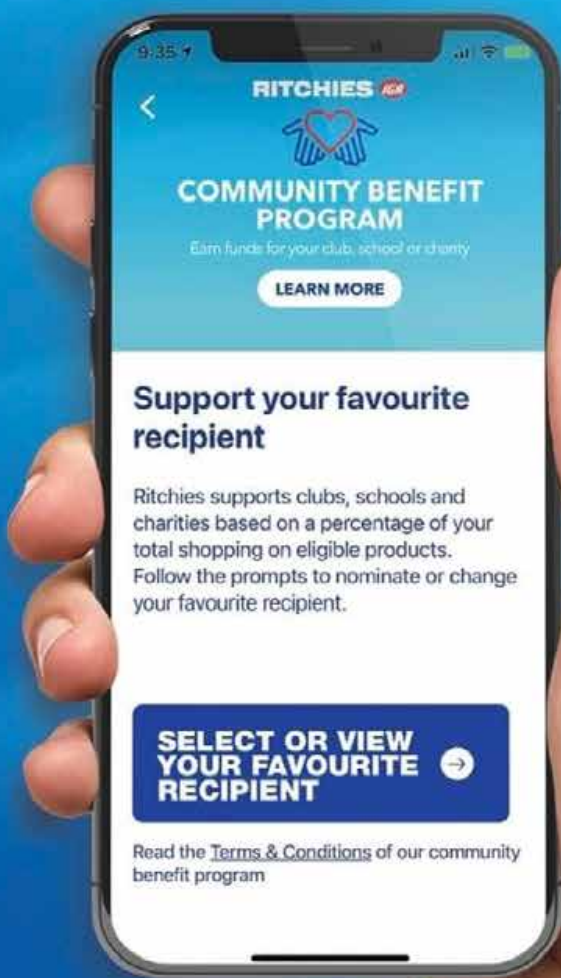
and help us generate extra funds.

- 1 Download or update the Ritchies Card App



- 2 Search and select our name when prompted to nominate a club, school or charity

- 3 Every time you shop at Ritchies and scan your app or card, Ritchies will contribute a percentage of the total to us\*

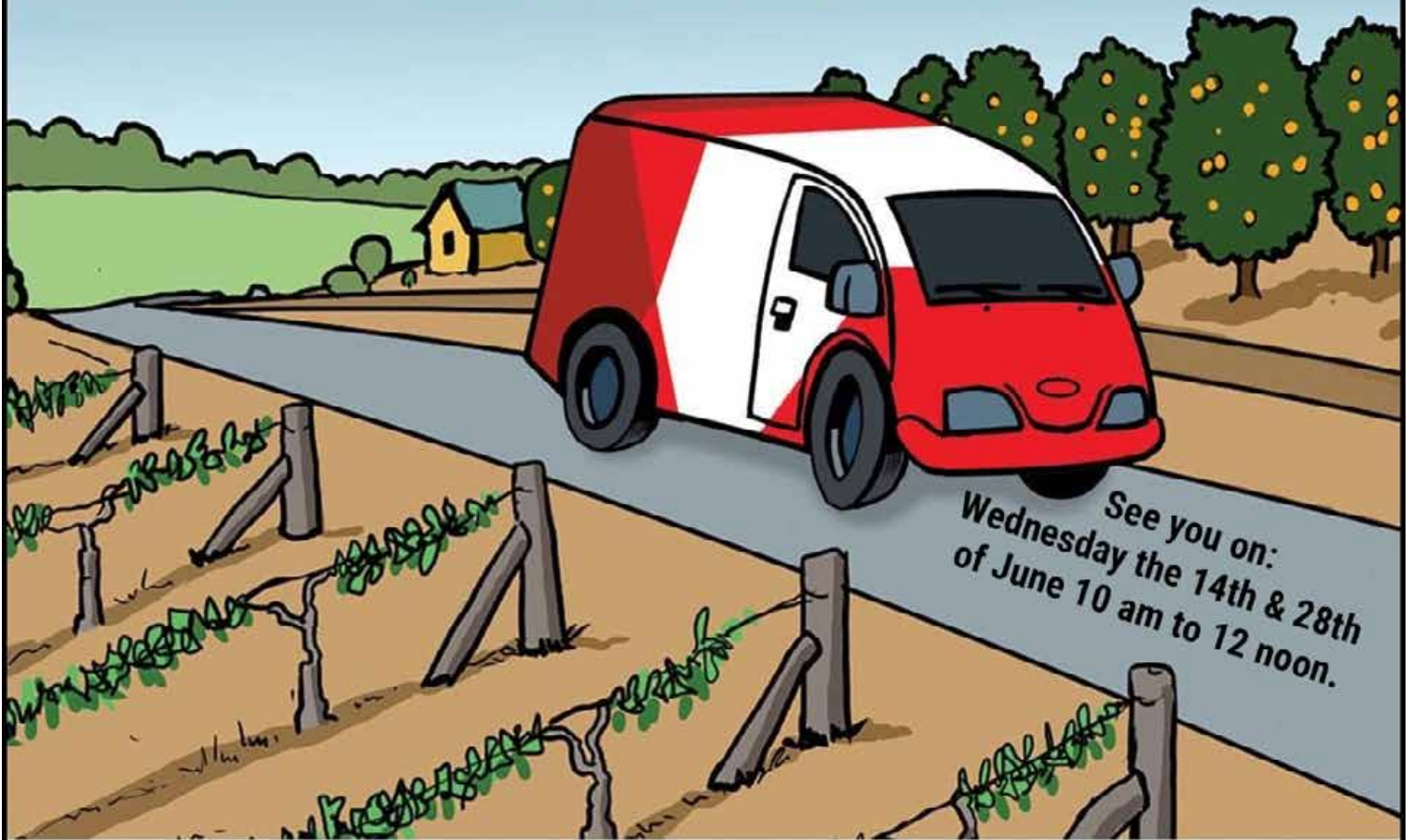


\*CONDITIONS APPLY. Go to [ritchies.com.au/loyalty](https://ritchies.com.au/loyalty) for further information.



Checkout the Jobs & Skills Centre mobile service out the front of the Red Cliffs Community Resource Centre. Details below:

# Skills and Jobs Centre Mobile Service is heading your way



See you on:  
Wednesday the 14th & 28th  
of June 10 am to 12 noon.

**SKILLS AND  
JOBS  
CENTRE**



**Victorian  
Skills Authority**



**THE  
EDUCATION  
STATE**



**VICTORIA**  
State  
Government

Education  
and Training



**SunTAFE**

# Recycling in Red Cliffs & surrounds.



**Small Batteries**  
Red Cliffs Library,  
Foodworks, Richie's IGA.



**Car Batteries**  
Battery World (Mildura)



**Prescription Glasses**  
Lions Club of Red Cliffs  
Drop off at the RCCRC



**Blister Packs**  
Red Cliffs Community Resource  
Centre

EXCITING  
NEW DROP  
OFF POINT!



**Mobile Phones**  
Officeworks (Mildura)



**Printer Cartridges**  
Officeworks (Mildura)



**Computers and Accessories\***  
Officeworks (Mildura)



**Boots**  
Totally Workwear (Mildura)



**Metal Scraps**  
Simmons Scrap Metal recyclers



**Old Towels and Linens**  
Benetook Veterinary Clinic

**Other recycling places.**  
AS & CO accept a wide range of  
items for recycling - Check out  
their list on their [website](#)







RCCRC is Now Accepting

LDPE 4 Plastic lids for recycling



*Please ensure lids have the LDPE 4 symbol.*

Lids must have insert removed, be clean, dry & sorted into colour.

For more information contact us:

Phone 0350243455 or email: [rcresource.reception@gmail.com](mailto:rcresource.reception@gmail.com).



As part of the Mallee Neighborhood House Network recycling project we are collecting LPDE 4 lids to be remade into other items. The machines pictured will be used to re-purpose the lids into other items. A demonstration will be held at RCCRC in the near future.