Red Cliffs Connections

A newsletter for the Red Cliffs Community Resource Centre

April 2022 - Volume 03

ABN: 36 345 726 854 Inc. A0028520U

Located:
23 Indi Avenue Red Cliffs

Open Weekdays:
9am - 3:30pm

Phone: (03) 5024 3455
Email: rcresource@smartchat.net.au

visit our website: www.redcliffscommunity.org.au or stay connected via our Facebook:www.facebook.com/redcliffsresource

April is upon us and its sure to be a beauty! The Reds Cliffs Centenary celebrations are finally happening on the 1 - 4th April - we will be floating in the parade on Saturday April 2, be sure to give us a wave. Sunday April 3rd Red Cliffs Market will be on, the community centre will also be open that day. Come in and see a display of art & craft by local creatives. This includes our spectacular centenary quilt. Covid restrictions apply*. The famous decorated centenary piano will be out the front, along with our 100 years of Red Cliffs Past & Present mosaic display. Have a look at this video by ABC Mildura Swan Hill to get a preview of the mosaic creations.

To get a full run down of the centenary celebrations check out the Red Cliffs Centenary page.

To stay on top of other activities happening in the region check out: Whats on Sunraysia.

The Red Cliffs Community Resource Centre will be CLOSED:

Monday 25th of April for Anzac Day and Friday the 15th April and Monday the 18th April for Easter

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Image Credit - Andrik Langfield on Unsplash

Photo by Hung Pham on Unsplash

We are a Covid Safe organisation. Proof of vaccination is required to attend the centre.

Building...a community

Our open hours are:
Thursdays 10am to 3pm

See our website: www.redcliffscommunity.org.au/mens-shed/

Red Cliffs Men's Shed is proudly a project of the Red Cliffs Community Resource Centre and is located at the centre.

Our mission is to provide a welcoming environment for men from Red Cliffs and surrounds who are from all walks of life where they can socialise and enjoy a wide range of activities.

Please contact the Red Cliffs Community Resource Centre on 50 243 455 to book before coming or to get more information.

Alternately you can email Red Cliffs Men's Shed: redcliffsmensshed@gmail.com.

Australian Men's Shed Association
SHOULDER TO SHOULDER
Member:AMS101238

Please note there will be no Mens Shed on the 14th of April

Photo by Markus Spiske on Unsplash

Red Cliffs Mens Shed member information.

Thursday 7th April. We are having a Shed Clean up followed by a BBQ.

Show up at 10 am for the clean up then stick around for a snag and chat.

Don't miss out. You have until 30 June to claim

$250

off your power bill.

The Victorian State Government's Power Saving Bonus is a one-off payment to help eligible Victorians* experiencing energy bill stress

Available until 30 June 2022, if you need help applying for this bonus online, we are here to help step you through it.

Red Cliffs Community Resource Centre
23 Indi Avenue Red Cliffs
03 50 243455

RED CLIFFS COMMUNITY RESOURCE CENTRE

To be eligible, you must be receiving payments under one of the following concession programs: Centrelink Pensioner Concession, JobSeeker, Youth Allowance, Austudy or Abstudy, Department of Veterans Affairs Pensioner Concession, or hold a Department of Veterans Affairs Gold Card.

NEIGHBOURHOOD HOUSES VICTORIA | Good Shepherd Australia New Zealand | VICTORIA State Government

Free* connecting up to the internet, advice and assistance for the over 50's

DIGITAL INFORMATION MONTHLY MORNING TEA

DATE: Thursday the 28th April
TIME: 10am to 11.30am at the Red Cliffs Community Resource Centre.

Topic: Safety First
Protect yourself online
Creating an account?
Protecting your privacy?

Bookings are a must. To book call: 03 5024 3455
or email: rcresource.reception@gmail.com

BE CONNECTED TERM 2 2022 PROGRAM

THURSDAY mornings 9.30am - 11:30am
Term 1 finishes 14th April Term 2 begins 28 April

TOPICS INCLUDED: How to use the internet, digital devices, using data, connecting to people, Mygov accounts and cyber safety plus lots more.

*Receive one on one assistance.
*Devices supplied but you are most welcome to bring your own.
*YOU ARE REQUIRED TO BOOK AN APPOINTMENT TIME PRIOR TO THE PROGRAM DAY.

Bookings are a must. To book call: 03 5024 3455
or email: rcresource.reception@gmail.com

Learn Local | Skills for study work and life

DIGITAL ESSENTIALS CLASSES TERM 2 2022

Wednesday mornings at 10.00am to 12noon Start date is 27 April but you can start at anytime.
Term 1 finishes 14th April Term 2 begins 27 April.

Bookings are a must. To book call: 03 5024 3455 or email: rcresource.reception@gmail.com

Become confident in:
- Using online platforms.
- Using different digital devices
- Applying for jobs online
- Using Apps and digital communication pathways.

COVID restrictions apply, bookings are a must. To book call: 03 5024 3455
or email: rcresource.reception@gmail.com

smecc BEGINNERS ENGLISH CLASSES

Tuesday and Wednesdays 5pm to 7pm
Term 1 finishes 14th April Term 2 begins 28 April.

You will learn:
- Talking in English
- Reading and writing
- Numbers/time/money
- Work skills

Inquiries are welcome.
Please contact Evelyn at SMECC (03)50 221 006 or acfe@smecc.org.au
We look forward to meeting you soon!

Reddy, Set, Cook

Food bills are rising!
Want to learn how to get the most for your money?

Join our Reddy, Set, Cook classes and experience working as a group to produce delicious nutritious food using fresh healthy ingredients.

TERM 2 CLASS INFORMATION:

When: Mondays 9:30 - 12:30 - classes begin Monday 2nd May.

Where: Red Cliffs Community Resource Centre.

Cost: $5 per class.

Registrations are now open, to secure your spot,
call: 03 5024 3455 or email: rcresource.reception@gmail.com.

Learn Local | Skills for study work and life

FREE short course starting 27 April 2022

TAKING TERM 2 ENROLMENTS NOW

Want to turn your creative ideas into a business?

Join our FREE pre-accredited short course
"Work of art"and discover
what it takes to establish and run
a successful creative business.

The program will be facilitated by Melissa Van Raymerdael who runs a successful art therapy business called Mallee Arts.

MALLEE ARTS

Learn Local

Contact the Red Cliffs Community Resource Centre to find out more 03 50 243 455
email: rcresourcereception@gmail.com.au

OUR VENUE CHATTY TABLE

DAY: 2nd Friday, each month

TIME: 10 - 11:20am

have a chat

EVERYONE IS WELCOME

NO BOOKINGS NEEDED

BRIGHTEN UP YOUR DAY & KEEPING COMMUNITY CONNECTED

Chatty Café aims to help people stay connected to their community by chatting, so we want lovely venues across Australia to designate a 'Have a Chat' table which is where people can sit if they are happy to talk to other customers.

'Have a Chat' tables are aimed at everyone. Who can join in? Anyone… people on their own, in a couple, with a friend, carers, parents with babies and kids, grandparents, people of all ages;

IF YOU'D LIKE TO LEARN MORE, SCAN HERE

THECHATTYCAFESCHEME.COM/AUSTRALIA
FACEBOOK.COM/CHATTYCAFEAUSTRALIA
@CHATTYAUS
@CHATTYCAFEAUS

The Chatty Cafe Scheme

Centenary bags for sale.

A hundred years
in the making.

Handmade &
high quality.

$8.00 each.
Available at the Resource Centre.

Connecting and empowering local communities to tackle plastic pollution at its source

BOOMERANG BAGS

Come along and make re-usable bags using recycled materials as a means to provide a sustainable alternative to plastic bags.

WHEN: Tuesdays 9.30am to 11.30am
WHERE: RCCRC.

Please note there will be no class on 19th April

1921-2021

RED CLIFFS

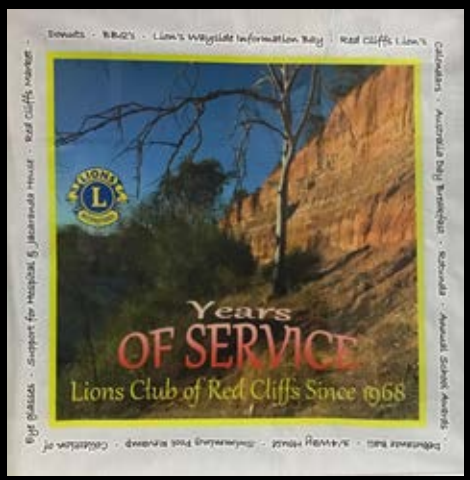
CENTENARY CELEBRATIONS

The Red Cliffs Community Resource Centre and the Mens Shed will be featured in the parade on Saturday the 2nd April.
Be sure to give us a wave !!! The resource centre will be open on Market day Sunday 3rd of April 9am-1pm. Come in and view a display of art and craft items by local creatives. This includes our spectacular centenary quilt. Covid restrictions apply*.

The famous decorated centenary piano will be out the front, along with our 100 years of Red Cliffs Past & Present mosaic display.
Here is a preview by ABC Mildura, Swan Hill - 100 years of Red Cliffs video.

Centenary Quilt

Here are some of the completed squares for our centenary quilt, pop into the centre to view the rest.



Are you a Carer?

Do you or someone you know provide care for a partner, family member or friend with a:

- disability
- mental illness
- addiction
- chronic health issue

or an older person with care needs?

Are you looking to re-enter the work force, upskill, or wanting to find a group of like-minded people?

We've got you covered. Talk to **Red Cliffs Community Resource Centre** today to find support available.

RED CLIFFS COMMUNITY RESOURCE CENTRE | NEIGHBOURHOOD HOUSES VICTORIA | Celebrating 30 years Carers VIC Australia | VICTORIA State Government Families, Fairness and Housing

2022 Scrapbooking,
Card Making Workshops
Red Cliffs Community Resource Centre

Tuesday 5th
April 12 noon
Cards $25
Scrapping $30

Tuesday 12th
April 12 noon
Cards $25
Scrapping $25

Tuesday 19th
April 12 noon
Cards $25
Scrapping $25

Tuesday 26th
April 12 noon
Cards $25
Scrapping $25

Bookings essential, by Friday before workshop
so kits can be made up, Call Carolyn on 0412868447

Recycling in Red Cliffs & surrounds.

Small Batteries
Red Cliffs Library,
Foodworks, Richie's IGA.

Car Batteries
Battery World (Mildura)

Prescription Glasses
Lions Club of Red Cliffs
Drop off at the RCCRC

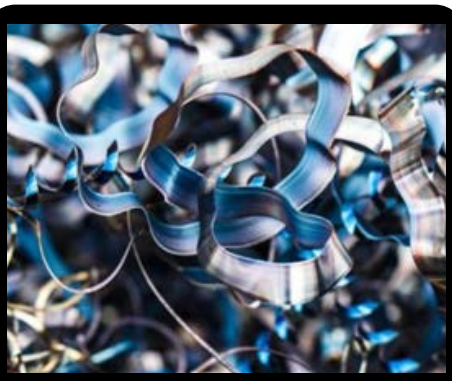
Soft Plastic "scrunchables"
Coles and Woolworths at entrance.

Mobile Phones
Officeworks (Mildura)

Printer Cartridges
Officeworks (Mildura)

Computers and Accessories*
Officeworks (Mildura)

Boots
Totally Workwear (Mildura)



Metal Scraps
Simmons Scrap Metal recyclers

Old Towels and Linens
Benetook Veterinary Clinic

Other recycling places.
AS & CO accept a wide range of items for recycling - Check out their list on their website

SUPPORTING LEARNERS TO RE-ENGAGE AND SUCCEED IN THEIR EMPLOYMENT, EDUCATION AND TRAINING.

RECONNECT

The Reconnect program strives to support Victorians experiencing disadvantage. The program assists participants to overcome the barriers preventing them from engaging in education and training and provides support into further study or employment pathways.

How does The Reconnect Program work?

The Reconnect program is driven largely by support and encouragement. Once eligibility has been confirmed, participants can expect to:

- Have their learning and non-learning needs and career goals assessed, and an agreed Work and Learning Plan developed
- Refer participant to support services, identify opportunities for community participation
- Receive support to commence and stay in vocational education and training at a provider that best suits their needs
- Receive ongoing support as they transition to employment or further training
- Receive some assistance towards fees for an agreed accredited course

Is there eligibility criteria related to The Reconnect Program?

Yes, to be eligible for this program participants must:

- Be aged between 17 -19 years of age and not engaged in education or training for six months or more, and currently not enrolled at school
- Be aged between 20-64 and unemployed for six months or more (working less than 8 hours per week) and not engaged in education or training for six months or more (studying less than 8 hours per week)
- Young People Impacted by the Justice System: Aged 17 - 24 years who have been, or are currently on, Youth Justice Orders
- Asylum Seekers: A person without citizenship but holds a valid Bridging Visa Class E (BVE); Safe Haven Enterprise Visa (SHEV); or Temporary Protection Visa (TPV)

Applications are also encouraged by the following equity groups:

- Parents returning to work
- Indigenous Australians
- People with a disability
- People with low literacy and numeracy
- Highly marginalised groups such as drug and alcohol dependents or homeless

For more information:

Please call 1300 478 648 and ask to speak with one of our friendly Reconnect team members,
email: reconnect@sunitafe.edu.au
visit www. sunitafe.edu.au

Servicing Mildura, Swan Hill, Buloke and Ganawarra

Working together to achieve your goals!

FEB 2021 CRICOS Provider Code: 01985A RTO Code: 4693

SuniTAFE TAFE VICTORIA VICTORIA State Government

A reconnect team member will be at Red Cliffs Community Resource Centre on 6th & 20th April 10:am - 12pm. Come along if you wish to learn more.

RED CLIFFS grow & share GARDEN

Ratindra and Leanne share a laugh at our first get together.

The first community consultation was held on Monday the 21st of March.
The next meeting is planned for late April.

RED CLIFFS FOOD SHARE

Food security is a major ongoing problem in the Sunraysia region. Red Cliffs Food Share is a project to assist in coordinating food relief, so the people that really require it can access it in their own local community.

If you have food items you could donate please contact us.
We are accepting shelf-stable, fresh food or money donations.

Contact the Red Cliffs Community Resource Centre to find out more 03 50 243 455
email: rcresourcereception@gmail.com.au

Red Cliffs Community Resource Centre invites local parents and carers to book in for a free child car restraint fitting or safety check!

WHERE 23 Indi Street, RED CLIFFS

WHEN Friday 22 April 2022 between 11am – 3pm

HOW Bookings are essential. Parents and carers (including grandparents!) can book in a free child car restraint fitting or check by registering via:

https://safeseatssafekids.com.au/venues-mec/

Please note, if you need to have more than 1 child car restraint fitted/checked, you will need to book multiple appointments.

WHY 70% of child car restraints are incorrectly installed or used, posing a serious safety risk to children travelling in those restraints. For peace of mind, have a professional fitter check your restraints so you know your child is safe. For more information about the program, please visit

safeseatssafekids.com.au/

These events are hosted by Kidsafe Victoria in partnership with Neighbourhood Houses Victoria, with support by the Victorian State Government.

Please note that in April it will be on the 4th Friday this month due to Easter

EnviroPrint invite your family and friends to participate in EnviroPrint Australia's annual Easter Bilby Colouring Competition in support of Save the Bilby Fund.

Get an entry form for the kids in your life and help raise awareness of one of the most endangered species in Australia.

Learn more about bilbys here

Download a colouring sheet here and submit your entry here. Entries must be received by 5pm Thursday 7th April 2022.

Greater Bilby (Macrotis lagotis)

Description

The Greater Bilby is a nocturnal marsupial which has a silky light grey and white coat and a long black and white crested tail with a naked spur-like tip. Bilbies have a long snout and well-developed sense of smell to aid in finding food.Their large, hairless ears are extremely useful for listening for predators as well as prey.

Until recently, Australia had two species of Bilbies – the Greater Bilby and the Lesser Bilby. The Lesser Bilby is already believed to be extinct. The Greater Bilby is the largest member of the bandicoot family, measuring up to 55cm in body length with a tail of up to 29cm long. Adult males weigh 1-2.5kg and the females weigh between 800g- 1.1kg.

Diet

The Bilby is omnivorous and its diet includes bulbs, fruit, seeds, fungi, insects, worms, termites, small lizards and spiders. One of its favourite plant foods is the bush onion or yalka which grows in desert sand plains after fires. Bilbies don't need to drink water regularly because, like the koala, they get most of their moisture from their food. This makes the Bilby well adapted for survival in the semi- arid and arid areas of Australia.

Breeding

The Bilby is a fast breeder, with a 12 to 14-day pregnancy. When the baby joey is born, it looks like a baked bean with legs. It stays in its mother's pouch for between 75 and 80 days and is independent about two weeks later. Female Bilbies have a backward-opening pouch with eight nipples. At six months of age, the female Bilby can breed and usually has 1 or 2 young at a time. Although it is rare, she can have triplets. In a good season in the wild, bilbies can have up to four litters a year.

Habitat

Bilbies live in grasslands and mulga scrublands in the hot, dry, arid and semi-arid areas of Australia. Bilbies live in spiralling burrows which they dig up to 2 metres deep. This depth helps to keep them safe from predators and also to keep them at a constant temperature of 23 degrees, as bilbies can become heat stressed. Bilbies may have up to a dozen burrows, one for sleeping in and the others for escaping from predators.

Survival

Of the six bandicoot species that once lived in the arid and semi-arid areas of Australia, the bilby is the sole survivor. It is listed as "endangered" in Queensland and "vulnerable" nationally.

Their decline can be directly attributed to feral cats and the European Red Fox. The Bilby is a bandicoot and the only surviving representative of the sub-family Thylacomyinae. It is one of the few medium-sized native mammals remaining in arid Australia.

With the gracious support of: Mildura Rural City Council

FRRR
Foundation for Rural Regional Renewal

1921-2021

Red Cliffs

Centenary Celebrations

April 1-4

2022

redcliffscentenary.com.au

Celebrate Neighbourhood House Week!

9-15 May 2022

Building resilience by bringing people together

#NHWeek2022